

LIFESTYLES

Hawaii Marine B Section

September 12, 2003

Windward Ho'olaule'a



Ashlee Briese, 5, a family member from MCB Hawaii, Kaneohe Bay, throws caution to the wind and climbs the rock wall during the Windward Ho'olaule'a Sept. 6 at the Windward Community College.



The Marine Forces Pacific Show Band blows the crowd away during the Windward Ho'olaule'a with classic rock'n roll favorites such as Joan Jett's "I Love Rock n' Roll" and Tom Petty's "Free Falling."

Local community joins together at Windward Community College

Story and photos by
Cpl. Jessica M. Mills
Editor

The Windward Oahu community is very diverse; formed by residents, local businesses, college staff and students, as well as military service members, making the windward side a colorful place to live. But without a common - ground for all of the different groups in the community to congregate, they may remain disjointed.

In response to this lack of interaction, the Windward Community College, along with the support of the Kaneohe Business Group and community volunteers, sponsored the 3rd Annual Windward Ho'olaule'a. A one-day local festival, aboard WCC's newly renovated campus.

The festival had a number of community sponsors, including local businesses, resident and student volunteers and Marines from MCB Hawaii, Kaneohe Bay.

To help support the college's aim for community outreach, the Marine Forces Pacific Show Band, stationed aboard MCB Hawaii, Kaneohe Bay, entertained the festival crowd for over two hours, performing classic rock n' roll and oldies favorites.

As the band belted out tunes like Joan Jett's "I Love Rock N' Roll" and Tom Petty's "Free Falling," the crowds kicked back on the grass surrounding the stage and enjoyed the entertainment.

"We put on this festival to bring the entire community together," said Libby Young, a professor of journalism and english at WCC. "We also want to showcase what is on the windward side, and of course show the new additions the college has to offer."

"We had people here from Waimanalo to Kahuku, including the Marine Corps Base Hawaii Band," said Young. "We wanted to include all segments of the community, and the Marine Corps Base is a vital part of our community."

"We have lots of enlisted Marines who study here at the college, as well

as their family members," said Young. "So they also make up a large part of the college."

The festival offered the community various attractions including a Korean War Veterans exhibit consisting of an old bookstore, an Aerospace Exploration Lab, a NASA flight Simulation Lab, a fishing derby, unique island crafts, as well as many other exhibits and tents for festival goers to enjoy. With an assortment of cuisine vendors throughout the festival, not one person went away hungry.

For the keiki, the festival offered face painting, an assortment of bouncy houses and a handful of rides. Plenty of toys and memorabilia were also available for kids to beg their parents to buy.

The Marines were not the only entertainment of the day. The Ho'olaule'a also boasted the Shao Lin Au Lion Dance Group, Amy Hanaiali'I Gilliom and Friends, Kelly

Boy DeLima and Kapena, J.P. Smoketrain, Dita Holyfield and Ellsworth Simeona, and the list goes on. Needless to say the festival had no lack of good fun and entertainment.

Windward Community College seized the opportunity to show off its new Imaginarium, Paliku Theater and culinary arts program. Proceeds from the festival will benefit WCC's advancement fund.

"We are not making much today. What was more important was making this a family day," said Young. "We estimate about 25,000 people will be here today, but it could be more. This festival used to be held at the Windward Mall, but the sponsors agreed that the college is a much better place."

"This year's Ho'olaule'a seems to be a great success," said Young. "But that's because we all, the businesses, the college and the volunteers, have a great partnership."



Hope Spencer, 5, a Kailua resident, sits patiently as Lauren Merriam, 15, a volunteer for Phi Theta Kappa, paints a Hawaiian Palm Tree on her cheek at the Windward Ho'olaule'a.



Parents and children crowd around the stage to watch The Windward Community College's Halau and Ka Po Hula Kaiaulu O Ko'olaupoko's cultural presentation of the art of Hula.

MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

SEPTEMBER

Today / Friday

Pau Hana Friday at Kahuna’s Bar & Grill — It’s finally here and you’ve been waiting for this day since Monday. Relax, forget about the hectic week and join in on the camaraderie at Kahuna’s. Half-priced pupus from 4:30 – 6:00 p.m., and live entertainment will help you ease into the weekend.

Joint Women’s Conference Registration Ends Sept. 30 — The Joint Women’s Conference, scheduled for Oct. 17 and 18 at the Hickam Air Force Base Officers’ Club, began registration Sept. 2 until Sept. 30, so register **now** at www.jwconf.org. Forms will also be available at Oahu exchanges, commissaries, libraries, thrift shops, chapels and support centers.

All forms must be postmarked by Sept. 30. Join in the fun. Meet other military spouses from all the services. Relax, learn and grow through more than 50 workshops, and key note speakers. Women who register will enjoy a variety of workshops designed to educate, motivate, enlighten and strengthen their personal roles as spouses or military members. The cost to attend this event is \$25 for both days and \$15 for Friday or Saturday only. The fee includes workshops, keynote presentations, continental breakfasts, lunches and complimentary tote bags. Participants should arrange for daycare, as it is not available at the conference. For more details, consult the web site or contact Rae-Anna at 455-1744.

15 / Monday

Officers’ Club Right Hand Man Lunch — Call it a working lunch, or just show your appreciation and invite your “right hand man” to the Officers’ Club for lunch. E6 and above are welcome every Monday, 11:00 a.m. – 1:30 p.m.

Monday Night Football at The Clubs — Watch the Cowboys take on the Giants at any one of the clubs. Catch the game on one of the plasma or big screen televisions at Kahuna’s, the Staff NCO Club and the Officers’ Club. For club hours of operation, log on to www.mccshawaii.com.

A Base Theater Bargain — Now showing - free sneak preview of The Fighting Temptations, rated PG-13. Showing on Sept. 15 at 7:15 p.m. Run time is 120 minutes. Call 254-7642 for a list of movie schedules and times.

16 / Tuesday

Fall Community Aloha Fair — Are you new to the MCB Hawaii community? Don’t fret, the Fall Aloha Fair will acquaint you with the activities and services offered aboard the Base and in the surrounding Community. You’ll meet new friends and neighbors. Free pupus, great

prize giveaways and a little entertainment are all in store. This informational tradeshow will be located in Kahuna’s Ballroom from 5:30 – 7:30 p.m. For more information, call 254-7679.

17 / Wednesday

MCB Hawaii Annual JEMS Job Fair — Catch this job fair from 11 a.m. until 3 p.m. in the Banyans Club at Pearl Harbor. The job fair is open to all military and DoD/Coast Guard I.D. card holders with base access, including spouses and family members, active duty personnel, retirees and reservists. This is a great opportunity for those seeking local or federal employment to network with employers and other job seekers. Bring your resumes and dress accordingly. Children will not be admitted. For more information, call 257-7790 or 473-0190.

Officers’ Club Light Lunch Wednesdays — Looking for something quick and light? Make a quick stop at the Officers’ Club for “Light Lunch Wednesdays”. Enjoy the new soup, salad and sandwich buffet all for a bargain price.

Staff NCO Wing Night — Need a mid-week break? Head over to the Staff NCO Club and get in on the deal...25-cent chicken wings from 4:30 p.m. until 10:00 p.m. Dine-In Only.

18 / Thursday

Storytime at The Base Library — Children and parents are invited to a fun-filled hour of stories, activities and special events. Every Thursday through June 3 at 10 a.m. in bldg. 219. For more information on storytime at the library, call 254-7624.

20 / Saturday

Live Wrestling Action at Kahuna’s — Kahuna’s brings Hawaii Championship Wrestling back to MCB Hawaii Sept. 20 from 7 – 9 p.m. Active Duty cost is \$8, all others are \$10. For more information, call 254-7660.

Staff NCO Club Amateur Gong Show — What’s your dream? Are you a closet singer, dancer or comedian? If so, the Staff NCO Club wants to see what you are made of. Compete for a grand prize round trip ticket to Maui. Enjoy free pupus and prize giveaways. The cost is free for members and \$3 for non-members. For more information, call 254-5481.

Waina Ho’olaulea (Wine Fest) — Enjoy a first class evening at the Officers’ Club with preferred wines, heavy pupus, and live music from Pacific Jam Jazz. Group from 4 – 8 p.m. Tickets now on sale at the Officers’ Club. For more information, call 254-7650.

Kaneohe Bay Lanes Presents “Kingpin Hop” — A bowling and dance party from 9 p.m. – 4 a.m. Star 101.9 will get the crowd hoppin’ with a DJ from 10 p.m. until midnight. Excellent prize giveaways and autograph signing by the Coors ambassadors. Open to ages 18 and over with no cover charge.

22 / Monday

U.S. Border Patrol Presentation and Recruitment — All active duty personnel are invited to learn more about a career with the U.S. Border Patrol in bldg. 3096, Rm. 1. The presentation goes from 10 a.m. to 3 p.m. For more information, call 257-7795.

L.I.N.K.S. Learning Workshops — All military spouses are invited to get to know more about the L.I.N.K.S. program and to network with other military spouses from 5:30 – 9 p.m, Sept. 22-24. Attendees will learn about the military lifestyle and what services MCB Hawaii has to offer. For more information, call 257-2368.

Staff NCOs Boast New Dining Facility — If variety is what you are looking for, make your next dinner plans at the Staff NCO Club. The facility is located behind Fairways on The Klipper Golf

Course and boasts a beautifully quaint atmosphere. Dinner is served Wednesday –Friday from 5 p.m. – 9 p.m. For more information or reservations, call 254-5481.

Joint Education Center — Registration is underway for College 101 classes. Marines and Sailors using tuition assistance for the first time at MCB Hawaii must attend the “College 101” workshop available each Wednesday at the Joint Education Center in Bldg. 219 from 11:35 a.m. – 12:45 p.m. Civilians are welcome to attend this workshop.

Fix it Yourself at the Auto Skills Center — Want to do a little work on your prized vehicle, but don’t have the space or tools to get the job done? Cruise on over to the Auto Skills Center located in Bldg. 3097, next to the car wash, and get your baby back in top form. Certified Hawaii Safety inspections are also available weekdays from noon to 6 p.m., and weekends and holidays from 9 a.m. to 3 p.m. Call 254-7674 for more shop information.

Auto Skill Center Auction – The Auto Skill Center is accepting sealed bids on the below vehicles. For more information, please call 254-7654.

YEAR, MAKE	MIN. BID
1992 Nissan Maxima	\$1,800.00
1995 Mazda B2300P/U	\$1,700.00
1995 Mercury Mystique	\$1,600.00
1991 Pontiac Grand Prix	\$50.00

The 1991 Grand Prix has been on line for three months. This is the reason for the minimum bid being so low. If the vehicle is not sold in this bidding process, it will be salvaged out.

Looking for a Job? — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality, fitness, child and youth activities, water safety, logistics, and administration. Stop by the MCCS Personnel office located in Bldg. 219 to get a job or career that suits your skills, schedule and style. Call 254-7619 or visit www.mccshawaii.com/jobs_listings.html, and find the position



All events are open to single, active duty military, E-5 and below. The SM&SP Office is located in Bldg. 219. Call 254-7593 for more details.

Upcoming Activities
Sept. 20: From noon until 5 p.m., you’re invited to come on down to Pyramid Rock Beach for the Single Marine & Sailor Beach Bash. This event is free to single Marines and Sailors as well as their guests. Part of the “101 Days of Summer Campaign,” units will get points by helping to set-up and by participating at this event. The beach bash includes a volleyball tournament, surfing lessons, a sand sculpture contest, food, refreshments and entertainment with prizes and guaranteed fun. Mahalo to AT&T In-Room Service for making this event possible.

SM&SP Goes Online
Get more on SM&SP at www.MCCSHawaii.com under the “Semper Fitness” icon.

SM&SP Benefits
Single Marines and Sailors of MCB Hawaii enjoy many bargains such as the following:
•You can get into the swing of things with free tennis lessons Thursdays from 11 a.m. – 12 p.m. Call 258-8081 for reservations.
•At the Kaneohe Klipper Golf Course — Practice your swing with free range balls, club rental at \$5 per set, 9 holes of play at \$5, or 18 holes of play for \$9.

SM&SP brings Beach Bash to Pyramid Rock

Ed Hanlon V
MCCS Marketing Department

You’ve been working hard, so kick back, relax and spend a day at the beach with the Single Marine & Sailor Program at the Beach Bash. This day by the bay will be held Sept. 20, from noon to 5 p.m., at Pyramid Rock Beach. From 1 to 5 p.m., partiers can take surf lessons, show off masterpieces in the sand sculpture competition, spike a point play-

ing volleyball, dance to music, and even win fun prizes from AT&T In-Room Service and XCEL Hawaii. Food will also be provided, so bring an appetite. (Must register for a free meal ticket. First-come, first-served. Limited to first 400 registrants.) The Beach Bash is a 101 Days of Summer event, and participants can earn campaign points by participating in the festivities. Save yourself the drive and hop on the free shuttle bus, running between the K-Bay Theater, the Enlisted club and the Marine

Corps Exchange Annex. The shuttle will reach each stop every 30 minutes from 11 a.m. until 6 p.m. Mahalo to AT&T for their continual support of the Single Marine & Sailor program as well as to Hawaiian Adventures Water Park, XCEL Wetsuits and Hawaiian Tropic Suncare. To register or get more information on the festivities, call Leslie Graham at the Single Marine & Sailor Program at 254-7593.

MOVIE TIME		
Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for “R”-rated movies in person at the box office for children 16 years old and younger. For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Show your I.D. at the box office. Call 254-7642 for recorded information. *Sneak Preview Policy — One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line. Tickets will be issued corresponding to priority group.		
Lara Croft Tomb Raider (PG 13)		Today at 7:15 p.m.
Bad Boys 2 (R)		Today at 9:45 p.m.
Seabiscuit (PG13)		Saturday at 7:15 p.m.
Gigli (R)		Saturday at 9:45 p.m.
Pirates of the Caribbean (PG 13)		Sunday at 3:30 p.m.
Free Sneak Preview*		
*The Fighting Temptations (PG13)		Sunday at 7:15 p.m.
Seabiscuit (PG13)		Wednesday at 7:15 p.m.
Lara Croft Tomb Raider (PG 13)		Thursday at 7:15 p.m.
American Wedding (R)		Sept. 19 at 7:15 p.m.
Lara Croft Tomb Raider(PG13)		Sept. 19 at 9:45 p.m.

ON THE MENU				
Anderson Hall will serve the following this week:				
Today				
Lunch	Marble Cake W/ chocolate icing	Steamed Rice	Specialty Bar	Turkey A La King
Pepper Steak	Asst Fruit Pie	Chocolate Chip Cookies	Taco Bar	Beef Porcupines
Southern Fried Catfish		Asst Fruit Pie		Mashed Potatoes
Rice Pilaf	Sunday		Wednesday	Boiled Egg Noodles
Potatoes Au Gratin	Dinner/Brunch	Specialty Bar	Lunch	Marble Cake w/Chocolate Cream
Sugar Cookies	Barbecue Beef Cubes	Pasta Bar	Pork Adobo	Frosting
Asst Fruit Pie	Baked Turkey & Noodles		Beef Yakisoba	Pineapple Upside Down Cake
	Steamed Rice	Tuesday	Steamed Rice	Asst Fruit Pie
Dinner	Ginger Molasses Cookies	Lunch	Pork Fried Rice	
Beef Pot Pie	Spice Cake w/Butter Cream	Simmered Corned Beef w/Mustard Sauce	Oatmeal Cookies	
Roast Turkey	Frosting	Honey Glazed Cornish Hens	Strawberry Shortcake	
Paprika Butter Potatoes		Parsley Buttered Potatoes	Asst Fruit Pie	Dinner
Steamed Rice	Monday	Egg Noodles		Braised Liver w/Onions
Sugar Cookies	Lunch	Peanut Butter cake w/Peanut Butter Frosting	Dinner	El Rancho Stew
Asst fruit Pie	Meat Loaf	Asst Fruit Pie	Steak Smothered w/Onions	Honey Ginger Chicken
	Pork Ham Roast		Southern Fried Catfish	Steamed Rice
Specialty Bar	Steamed Rice	Dinner	Mashed Potatoes	Boiled Egg Noodles
Pasta Bar	Mashed Potatoes	Turkey Pot Pie	Steamed Rice	Marble Cake w/ Chocolate Cream
	Chocolate Chip Cookies	Sweet & Sour Pork	Oatmeal Cookies	Frosting
Saturday	Asst Fruit Pie	Steamed Rice	Strawberry Shortcake	Pineapple Upside Down Cake
Dinner/Brunch	Dinner	Parsley Buttered Potatoes	Asst Fruit Pie	Asst Fruit Pie
Baked Lasagna	Beef Brogul	Peanut Butter Cake w/Peanut Butter Frosting	Specialty Bar	Specialty Bar
Chicken Parmesan	Baked Cajun Fish	Asst Fruit Pie	Hot Dog	Taco Bar
Pizza Slices	Mashed Potatoes		Thursday	
Garlic Bread			Lunch	

Try turkey for taste, variety and a more balanced meal

NAPS
Featurettes

Whether it’s due to a new year, a milestone birthday or the start of swimsuit season, many of us have resolved at one point or another to eat a more balanced diet. In most cases, we stick to our plans for a little while, but find that keeping such resolutions while maintaining a fast-paced family schedule can be challenging.

According to Josie LeBalch, executive chef of the popular Los Angeles restaurant Josie, it doesn’t have to be hard (or boring) to adhere to your healthy meal mantra.

Doing simple things, such as adding turkey to your family mealtime menus, can incorporate both variety and flavor into a nutritious diet.

“Making turkey a regular option in your rotation of meal plans is smart,” said LeBalch. “Turkey is lean and low in fat. And, it’s a great source of protein that can be used in virtually any dish that calls for meat.”

From flavored ground turkey to marinated tenderloins and roasts, you can

choose from a wide variety of delicious turkey products.

“Think about turkey in a pasta dish, for example,” said LeBalch.

Tantalizing Turkey Tacos are another easy, low-fat favorite. You’ll save calories - but won’t skimp on flavor.

Tantalizing Turkey Tacos

Ingredients:

- 1 tablespoon vegetable oil
- 1 medium onion, chopped
- 1 green bell pepper, chopped
- 3 cloves garlic, minced
- 1 package Jennie-O Turkey Store Lean Ground Turkey
- 1 tablespoon chili powder
- 1 teaspoon ground cumin
- 3/4 teaspoon salt
- 3/4 cup prepared salsa
- 12 taco shells or soft flour tortillas
- 1 1/2 cups (6 oz.) shredded cheddar or Monterey Jack cheese
- 1 1/2cups shredded lettuce
- 1 cup chopped tomato
- Optional toppings: sour cream, chopped cilantro, diced avocado, additional salsa.

Adding turkey to your everyday meals can incorporate both variety and flavor into any meal. While lowering calories and adding protein.

Directions:

Heat oil in a large skillet over medium-high heat. Add onion, green pepper and garlic; cook 4 minutes, stirring occasionally.

Crumble turkey into skillet; sprinkle with chili powder, cumin and salt. Cook

5 minutes or until turkey is no longer pink, stirring frequently.

Add salsa; simmer 10 to 12 minutes or until sauce thickens. Spoon 1/3 cup mixture into each taco shell; top with cheese, lettuce and tomato. Serve with desired toppings. Makes six servings.

Headquarters Bn. officially adopts Puohala

MCBH Marines
make a difference at
another local school

Lance Cpl. Monroe F. Seigle
Combat Correspondent

A child’s future greatly depends on the amount of education he or she receives in the years in which they grow up.

Unfortunately, some children have few role models in their lives that are willing to stress the importance of a quality education and take the time to assist them in learning.

The students at Puohala Elementary School in Kailua are quite happy right now. They were all just adopted. That’s right — they were all adopted.

Lieutenant Colonel. Joseph Bowe, commanding officer for Headquarters Bn., and Master Sgt. Juan Rivera, deputy base inspector for MCB Hawaii signed a formal contract in front of the children and teachers as part of the Adopt-a-School program.

The contract states the Marines will assist in improving the education, health, fitness and citizenship of the community’s youth along with the physical appearance of the school’s campus.

The students will also be able to spend some quality time with the Marines in the classroom while they tutor the students and help improve their grades by the end of each semester.

“These are outstanding children,” said Sgt. Douglas Leass, acting company gunnery sergeant for Headquarters and



Lance Cpl. Monroe F. Seigle

After officially adopting Puohala Elementary School in Kailua as part of the Adopt-a-School program, the Marines form Headquarters Bn. gave the students and faculty a brand new American flag to fly proudly in front of the school.

Service Co. “I look forward to helping these children become leaders in our community.

Along with helping the students in the classroom, a team of Marines will volunteer to complete two beautification projects on the school’s campus.

In the past school years, the Marines

from Headquarters Bn. have made a visible presence in the school. Several of the students have become personally acquainted with the Marines as they showed a genuine concern in the children’s education.

“I have had an opportunity to work with the Marines and I have always been

impressed with their attitude toward the children and their ethic,” said Puohala Elementary School Principal Alexis Kane. “They are all energetic and kind people and have made a very reassuring presence on our campus. The children’s attitude about learning and being in school is greatly improved.”

MARINE MAKEPONO

HAWAIIAN FOR “MARINE BARGAINS”

Vehicles

2002 Mazda MPV van, blue, automatic, air conditioning, only 9K miles, in great condition. Asking \$19,000. Contact 254-4724 for more information.

2001 Jeep Wrangler Sport, dark blue, automatic, 4WD, 6 cylinders, soft

top, 31K miles. Asking \$14,000. Call Linsie at 222-2988.

1998 Ford Explorer, burnt orange (red in day and orange at night), V-6 engine, two 15-inch subwoofers, CD player, tinted windows, 2DR. Still in great condition and smells good. Asking \$16,500. Call 780-9689.

1992 Geo Storm, automatic. Asking \$1,200 OBO. Call 216-7193, 257-8839 or 253-0322.

1993 Mazda MX-6 LS Sports Coupe, white, 6 cylinder, manual, sunroof, 91 K miles, still smells good and good condition. Asking \$5,000 OBO. Call 395-9689.

1988 Mazda RX7 con-

vertible, red, top works but needs new engine. Asking \$500. Call Dave at 833-6906.

1997 Mercury Sable, silver, 71 K miles, runs and looks excellent. Asking \$7,000 OBO. Must sell by October ‘03, due to PCS. Call Sgt. Jeffrey Grounds at 284-0888 or 254-4855.

Free Makepono Advertisements

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees. Ads are free and will appear in two issues of the Hawaii Marine, if space is available.
The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication.
Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216 aboard Kaneohe Bay.
Makepono may be used only for noncommercial classified ads containing items of personal property. Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first-served basis.
Call 257-8836 or 257-8837 for more details or assistance.

WORD TO PASS

Aloha Festivals Are Coming

Mark your calendars to enjoy the following Aloha Festival events that celebrate Hawaii’s art and culture. (The Marine Forces Pacific Band will participate in the Floral Parade.)

- Today at 6:30 p.m.:* Downtown Hoolaulea (block party)
- Saturday at 9 a.m.:* Floral Parade at Moana Beach Park to Kapiolani Park in Waikiki
- Sept. 19 at 7 p.m.:* Waikiki Hoolaulea on Kalakaua Avenue

Joint Women’s Conference Registration Ends Sept. 30

The ninth annual Joint Women’s Conference will gather 500 women from the military community to share their military life experiences. This year’s conference will take place at the Hickam Air Force Base Officers’ Club, Oct. 17 - 18 and will offer more than 50 workshops, in addition to keynote speakers. Women who register will enjoy a variety of workshops designed to educate, motivate,

enlighten and strengthen their personal roles as spouses or military members. Registration ends Sept. 30. Forms will be available at Oahu military exchanges, commissaries, libraries, thrift shops, chapels and support centers. Applicants may download a form at www.JointWomensConference.org. All forms must be postmarked by Sept. 30. The cost to attend this event is \$25 for both days and \$15 for Friday or Saturday only. The

fee includes workshops, keynote presentations, continental breakfasts, lunches and complimentary conference tote bags. Seating is limited to the first 500 applicants, so mark your calendar to register Sept. 2. Participants should arrange for daycare, as it is not available at the conference. For more information, consult the web site at www.militaryexchange.org or contact Rae-Anna at 455-1744.

New Masters Programs

The University of Oklahoma now offers a Masters of Arts in Managerial Economics and a Master of Public Administration. Our one week classes are very TDY/TAD friendly. Contact OU at 449-6364 for more information or visit our website at www.goou.ou.edu. **Hale Koa Plans Oktoberfest** Germany’s favorite party comes alive at the Hale Koa

Univ. of Oklahoma Offers

See WTP, B-7

WORD TO PASS

WTP, From B-6

Hotel from Sept. 24 - 28, when the Banyan Tree Showroom will transform into an old-world tavern high in the Bavarian Alps.

Executive Chef Rolf Walter’s own home-country sauerbraten, knockwurst, eisbein and black forest cake; an impressive selection of German spirits; popular sing-alongs, including polka and chicken & snake dances; contests and much more will entertain guests.

Admission is \$6; call the Activities Desk at 955-0555, ext. 546, for more details or visit www.HaleKoa.com.

The Hale Koa Hotel is open to active, retired, reserve, National Guard, DoD and family members.

Tricare Dental Program Briefs Scheduled Oct. 6 and 8

Informational briefings on the United Concordia Tricare Dental Program will be held for all Uniformed Services personnel and their family members at Makalapa Branch Medical Clinic on Oct. 6 at 10 a.m. and at MCB Hawaii Branch Medical Clinic on Oct. 8 at 10 a.m.

A representative from United Concordia will be on hand to answer your questions about the TDP benefits and the enrollment process.

The briefings will last about one hour, and a question and answer session will immediately follow.

Call the Health Benefits Advisor at Pearl Harbor’s Makalapa Branch Medical Clinic at (808) 473-1880 ext. 320 for information on the Tricare Dental Program breirfs.

Thrift Store Now Open at Camp H. M. Smith

Patrons are invited to browse and/or make donations to the new Military Spouses’ Club Thrift Store, in Bldg. 366 at Camp H. M. Smith.

Located by the old stables, the 1,280-square foot facility is open for business Mondays, Tuesdays, Thursdays and Fridays from 11 a.m. to 5 p.m.

All items at the thrift store are acquired by consignments and donations.

Items include books, men’s and women’s clothing, toys, furniture, and a great deal more. Pickup of your donations may also be possible. Proceeds received by the thrift store benefit numerous charitable or nonprofit organizations.

For more, call manager Denna Muncy at 429-5755, or the 24-hour hotline at 271-9789.

Hale Koa Hotel Lists Events

Fort DeRussy’s Armed Forces Recreation Center, the Hale Koa Hotel in Waikiki, provides patrons a summer jam-packed with exciting, relaxing and adventurous activities — whatever your pleasure.

Call the Activities Desk at 955-0555, ext. 546, for more details on these events.

- Sept. 1:* Tickets went on sale for Oktoberfest, happening Sept. 24 - 28. The traditional German event celebrates authentic food, drink, music and dancing. Admission is \$8 per ticket, and the menu is ala carte.
- Tuesdays:* Beginning at 6 p.m. in the Banyan Tree Showroom, military mem-

bers and their families can treat themselves to mystery, fantasy and refreshing comedy, as the Hale Koa Hotel has opened a new Magic in Paradise show.

Your evening starts with a bountiful all-you-can-eat buffet. Then, it’s show time with one of Hawaii’s hottest magicians. Tickets cost \$20.95 for adults and \$12.95 for kids under 12, plus a 10 percent gratuity.

- Daily:* Groups of 20 or more planning to use the park space need to contact Parks & Recreation.

Park rules prohibit stakes, tents and tarps; alcoholic beverages or additional grills; bicycles, skateboards and rollerblades; and animals.

Big Brothers and Big Sisters Wanted

Volunteers are needed to enroll as Big Brothers and Big Sisters. They will spend a couple of hours per week with their assigned Little Brother or Little Sister.

The main focus of this program is to build a friendship and for the adult to serve as an adult role model for a child who doesn't have a mother or father role model.

Typically, volunteers help kids work on class assignments, enjoy activities, play board games, or simply converse about what's on their mind. However, the program is very flexible and works around your schedule. In fact, you and your Little Brother or Little Sister can decide when, where and what to do, as long as your plan is cleared with parents or guardians.

Little Brothers and Sisters are between the ages of 5 and 12 years and selected by their teachers and school counselors. Volunteers don’t need to be a parent,

teacher, specialist or super hero, though becoming a Big Brother or Big Sister could make you feel like a super hero.

If you'd like to get involved and make a difference in a child's life, call Matt Char, the volunteer coordinator at the Big Brothers Big Sisters of Honolulu, at 521-3811, ext. 232.

WAVES Open Membership

Active, retired and female reservists of the Sea Services are invited to get involved with the local chapter of WAVES, Na Nalu O'Hawaii. Local chapter meetings are held every second Saturday. For more details and directions to meetings, call Eugenia Woodward at 623-4735.

Outdoor Circle Open to New Members

A 90-year-old organization, the Kaneohe Outdoor Circle invites you to join its ranks and get involved with improving Hawaii's quality of life, teaching children about Hawaii's environment and various issues impacting the Kaneohe community and the state of Hawaii.

New member dues are \$15 and family memberships are \$40 per year. Call Nancy at 235-4637 for more Kaneohe Outdoor Circle details.

Word to Pass Accepts Faxes

If you would like to announce activities or events of general interest to the military or DoD community, fax them to the *Hawaii Marine* at 257-1289, at least two weeks in advance of the event.

For more information, call the *Hawaii Marine* staff at 257-8836 or 257-8837, or drop by Public Affairs, located in Bldg. 216 Rm. 19.

QUOTABLE: “The virtue of man ought to be measured, not by his extraordinary exertions, but by his everyday conduct.”

— Blaise Pascal